

4. VIDEO ACTIVITIES

A.1 Fred's daily routines p. 32

Before watching

1. Put these activities in the normal order you do them.

- ☐ a. pack bag for school
- ☐ b. have breakfast
- ☐ c. have morning lessons
- ☐ d. have a mid-afternoon break
- ☐ e. start afternoon lessons
- ☐ f. have lunch
- ☐ g. take the bus home
- ☐ h. leave home
- ☐ i. walk to school
- ☐ j. get up and get washed

Video vocabulary

2. Match the words in the columns to create an expression.

A

- 1. pack
- 2. wear
- 3. age
- 4. school
- 5. have
- 6. play
- 7. text
- 8. sleep

B

- ☐ a. food
- ☐ b. group
- ☐ c. a bag
- ☐ d. a suit
- ☐ e. the piano
- ☐ f. book
- ☐ g. late
- ☐ h. a lesson

While watching

3. Watch the first part of the video and decide if these sentences are True (T) or False (F).

- ☐ 1. Fred's from Birmingham.
- ☐ 2. Fred's brother is 5 years younger than him.
- ☐ 3. He spends 20 minutes in bed before getting up.
- ☐ 4. He eats fruit for breakfast.
- ☐ 5. He does drama at school.
- ☐ 6. Fred plays a musical instrument.
- ☐ 7. He lives a long way from school.
- ☐ 8. He usually goes to school on his own.
- ☐ 9. He likes the local people and area.

4. Now watch the video until the end and decide if these sentences are True (T) or False (F).

- ☐ 1. The school has about 400 students.
- ☐ 2. It's a boys-only school.
- ☐ 3. School uniform's obligatory.
- ☐ 4. Fred has an informal lesson from 10.15-10.45 a.m.
- ☐ 5. The break's from 10.45-11.15 a.m.
- ☐ 6. He normally has lunch at school.
- ☐ 7. He has two lessons in the afternoon.
- ☐ 8. He usually relaxes and watches TV when he gets home.
- ☐ 9. He has played the cello for 4 years.

5. Match the time and the event in Fred's day. Watch and check if your answers are correct.

A

- 1. 7.00 a.m.
- 2. 5.30 p.m./6.00 p.m.
- 3. 3.30 p.m.
- 4. 10.45 a.m.
- 5. 12.40 p.m.
- 6. 6.30 p.m.
- 7. 8.30 a.m.

B

- ☐ a. he has dinner
- ☐ b. he wakes up
- ☐ c. his mother gets home
- ☐ d. he starts school
- ☐ e. school finishes
- ☐ f. lunch starts
- ☐ g. his morning break starts

6. a Complete Fred's profile with the information given below – be careful because there are 2 extra words.

- toast and jam • far • town • get up • finish school
- cello • walk • two • old • fifty • lunch • morning
- gets home • a thousand • thirty

I usually (1) at 7.30 a.m. I have

(2) and cereals for breakfast.

I (3) to school because it's not too

(4) from my house.

It's a(n) (5) school (40 years old)

with about (6) pupils.

There are (7) morning lessons and

then (8) minutes discussion with my teachers until the (9) break.

I have two more lessons before lunch and then I

usually go into (10) to get something to eat.

After afternoon lessons I (11) at 3.30

p.m. and then go home and watch TV or read until my Mum (12).....

I sometimes play the (13)..... while she plays on the piano.

b Now watch this section on the video again and check your answers.

After watching

7. PW Work in pairs and read the notes about your daily routine. Then ask and answer questions with your partner. Try to find two things you have in common (for example you both get up at the same time).

A: - What time do you get up?

B: - At 7.00 a.m., what about you?

A: - At 6.30 a.m.

B: - OK, that's different. What about breakfast?

Do you....?

A	B
▶ get up 6.30 a.m.	▶ get up at 7.00 a.m.
▶ have biscuits and fruit juice for breakfast	▶ have toast and marmalade for breakfast
▶ leave home at 8.00 a.m.	▶ leave home at 8.00 a.m.
▶ go to school by bus	▶ cycle to school
▶ have three lessons until 1 p.m. and then 1 hour for lunch	▶ have four morning lessons and then 90 minutes for lunch
▶ eat sandwiches in playground	▶ have lunch in the school canteen
▶ play football with friend for 15 minutes	▶ chat with best friend
▶ start afternoon lessons at 2.00 p.m.	▶ start afternoon lessons at 2.00 p.m.
▶ have lessons until 4.00 a.m.	▶ have 2 afternoon lessons
▶ do 2 hours homework at home	▶ finish school at 3.30 p.m.
▶ watch TV from 6.00-7.00 p.m.	▶ do 3 hours homework
	▶ watch TV from 6.00 p.m. to 7.00 p.m.

8. Write three survey questions about people's daily routine and then ask some people in the class. Make a note of their answers and then report your results.

- *What do they drink for breakfast?*

- *Three people drink coffee but only one person has tea.*